

Fall Volleyball League Rules (Revised 10/02/2020)

- 1) **All players** on a team must be at least 16 years of age as of the first night of league play.
- 2) **For Co-Rec. Leagues:** At least ½ of the players on the floor must be women. A team may never play with more men than women.
- 3) **Rosters and waivers:** All players must be listed on their team's roster and they must sign before they can play. Each player needs to complete and sign a Whitney User Waiver form prior to playing.
Substitutes: Teams may use substitute players only if that team has fewer than 6 players from their regular roster. Substitute players must be listed on the roster and labeled as a substitute. Substitute players must also sign that roster. When there are two teams playing against each other where there is a player listed as a substitute on the other team, that player must play on their regular team and cannot play as a substitute.
- 4) If a team is not on time a **10-minute** grace period will be observed before the first game is declared a forfeit. After a total of **15 minutes** from the scheduled starting time the second and third game are considered a forfeit. Games declared forfeits should be clearly noted on the scorecard.
- 5) Men and Women's teams may start and play with four players. Co-Rec teams may start with 4 players. Two must be men and two must be women. Never shall the number of men exceed the number of women. **"Rally Scoring"** will be used in all games. **Games one and two shall be played up to 25 points. Game three shall be played to 21 points. The winning team must have a 2-point margin to be declared the winner. There will be a 27-point cap on games 1-2 and 23-point cap on game 3. If a match reaches the time for the next match starting time, whichever team is leading at that point will be the winner of that game. Please be courteous and cooperative on this issue.**
- 6) **League standings** will be determined by game points. Teams will receive 1 point for each game won. If a tie exists, the criteria shall be: A. head to head competition, B. point differential.
- 7) Whitney Center Gym conduct rules are posted. Please obey them and be courteous to others that use the facility.
- 8) It is the **home team's** responsibility to turn the scorecard into the front desk. Failure to do so may result in forfeiture of the 3 games.
- 9) The goal of this league is to **have fun**. Teams failing to comply with the posted rules may receive a warning, which if not adhered to could result in disqualification or automatic forfeiture of the match.
- 10) More than one forfeit of a match could jeopardize that team's participation in further league matches or playoffs if scheduled.
- 11) The ball is considered out-of-play if it should hit the curtain, walking track, or basketball backboard when down.
- 12) When serving, the server may step over the serving line in courts B, C, D, and E.
- 13) Each team has 5 minutes to warm-up and 55 minutes to play their match. Please be courteous of this rule so that each match starts on time. The time posted on the league schedule is the warm-up starting time not the match starting time.
- 14) All rules of the game of volleyball will stand in accordance with the MSF Rule Book. This rulebook will be available at the control room office or you may check one out with the Programmer.
- 15) Matches for the Adult Fall Volleyball Leagues are to be self-officiated.