



WSC Advisory Board Meeting Minutes

Meeting Date: November 17, 2022

Meeting Time/Location 1:30-3:00 – Whitney Senior Center

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Called to Order	Meeting was called to order by Bruce Campbell	No follow-up needed
Addition/Adjustments to Today's Meeting Agenda Comments/Recommendations	<ul style="list-style-type: none"> Agenda addition – No agenda additions or changes requested 	No Follow-up needed
Committee Reports	<p>Financial Report (Charlotte Henry)</p> <ul style="list-style-type: none"> Budget update – Our current budget reflects 85% of the budget being spent with 82% of the year completed. 2022 Budget continues to stay on track (Numbers were gathered thru end of October 2022) Membership Numbers – our current membership is at 1211, membership numbers continue to trend up. In 2021 our membership numbers were 1079 <p>Programming Report (Kylie Weller) November 22nd 5:30 to 7:30 invite you all to join in the Conversations around Anxiety with the Movie Angst (Link to presentation) https://www.eventbrite.com/e/conversations-around-anxiety-with-the-movie-angst-tickets-432893374737</p> <ul style="list-style-type: none"> New Whitney Times comes out on Sunday, November 20th (Sunday Paper), copies will be in the office the following week. If you know anyone who would like a stack, please let us know. We can give to you to deliver Two of our members/group leaders wrote Memoirs and offering book talks, Bill Vossler, Days of Wonder and Maruta Lietins Ray-Refugee Girl Hosting the Santa to a Senior Program again, if you are looking to spread some holiday cheer consider purchasing a gift Kindness Campaign: Kick-off Event-November 23rd Grateful Hearts and Minds <p><i>Speakers Include:</i> Moving from Indifferent to Action: Be an Active Ally with Unite Cloud Generational Inheritance: What are we passing on? With CentraCare Senior Bullying, St. Cloud Police Cyberbullying with St. Cloud Police Effective Conflict Resolution, Central MN Council on Aging Trauma on Adults and Aging Population with Kahin, Community Health Worker through Whitney Senior Center</p>	No follow-up needed

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Committee Reports Continued	<p>Programming Report Continued (Kylie Weller) <i>Still waiting on the following speakers for Grateful Hearts and Minds:</i> Make it Okay, to talk about Mental Health, CentraCare (Waiting on dates/description) St. Cloud State Aric Putnam</p> <p>Trips:</p> <ul style="list-style-type: none"> • Visiting locally owned coffee shops, learning about their roasting process • December 6th – Trip to Minnetonka (Ridgedale Mall/Charles Burwell House/Old General Store) <p>Live Well at Home Update (Tracy Larsen)</p> <ul style="list-style-type: none"> • See attached Wellness Workshop Update • See attached Wellness Workshop Listing <p>Directors Report (Paula Woischke) Personnel:</p> <ul style="list-style-type: none"> • Our evening maintenance/custodian position is currently unfilled, an offer should go out soon • Staff attended De-escalation Training with Tad Hoeschen in October <p>Grant Requests Update:</p> <ul style="list-style-type: none"> • In 2023 we will again apply for a Pipeline Grant to fund our Community Health Workers • CMCOA/ Title IIID Grant approved for \$50,000 to continue to offer Diabetes Prevention & Walk with Ease classes in 2023 • We are reviewing a grant for health equity disparities with people of color and American Indians <p>Advisory Board updates:</p> <ul style="list-style-type: none"> • Will update in January 2023 <p>Kindness Campaign:</p> <ul style="list-style-type: none"> • We have started our kindness campaign • What we are grateful for leaf-We are giving paper leaves to members to share what they are grateful for, posting these throughout the building. Advisory Board was invited to write what they are grateful for <p>MASS Conference:</p> <ul style="list-style-type: none"> • Paula and Tracy are planning the MASS (MN Assoc. of Senior Services) Conference here in St. Cloud for the Senior Centers across the state <p>Kwanza:</p> <ul style="list-style-type: none"> • Working with the Kwanzaa committee and we will be hosting the event on Dec 10th <p>NISC:</p> <ul style="list-style-type: none"> • Paula is serving as the MN representative of the NISC – National Institute of Senior Centers 	No follow-up needed

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Committee Reports Continued	Directors Report Continued (Paula Woischke) Training: <ul style="list-style-type: none"> Conducted a SAIL Leader Training and DPP Leader training – hope to get some new classes started with our CHWs at the La Cruz Community. RSVP/Age Friendly Report (Jennifer Wucherer) See attached notes from Jennifer	No follow-up needed
Old Business	Paula Woischke <ul style="list-style-type: none"> September 2022 minutes were reviewed and approved, no changes were requested 	No follow-up needed
New Business	Paula is on the panel this Saturday at the D-CAN Summit for Caregivers that will be held at St. Cloud State Saturday, December 10 th the board was invited to attend	No follow-up needed
Discussion Items	Paula Woischke (All) <ul style="list-style-type: none"> 2022 Recap is tabled – will report in 2023 	No follow-up needed
Future Meeting Discussions	<ul style="list-style-type: none"> Advisory Board updates – will discuss in 2023 	No follow-up needed
Announcements	Next meeting is January 26, 2023 at 1:30 p.m.	No follow-up needed
Meeting Adjournment	Meeting was adjourned by Bruce Campbell	No follow-up needed

Attachments:



Nov 2022.doc



RSVP Report Nov 2022.docx



Advisory Nov 2022 Update.docx



All Workshops Flyer.pdf



Advisory Board Schedule 2023.docx

Meeting Chair: Mike Smith
Meeting Vice Chair: Bruce Campbell
Secretary: Marjorie Henkemeyer
Meeting Minutes: Charlotte Henry

Next Advisory Board Meeting: January 26, 2023 (1:30-3:00 – Whitney Senior Center)

Attendance:

Advisory Board Members:

Attendance	Name	Title/Role
Attended	Solveig Anderson	Advisory Board Member
Attended	Bruce Campbell	Advisory Board Member/Vice Chair
Attended	Marjorie Henkemeyer	Advisory Board Member/Secretary
Not Present	Steve Hoover	Advisory Board Member
Attended	Roxanne Hovet	Advisory Board Member
Attended	Gail Kuzel	Advisory Board Member
Not Present	Steve Laraway	City Council Liaison
Not Present	Alicia Mages	Advisory Board Member
Attended	Bruce Michaels	Advisory Board Member

Not Present	Abdiaziz Odiyriye	Advisory Board Member
Attended	Don Oestrich	Advisory Board Member
Attended	Marilyn Popp	Advisory Board Member
Attended Virtually	Dani Protivinsky	CentraCare Health, Community Wellness Director
Not Present	Vijay Puri	Advisory Board Member
Not Present	Michael (Mike) Smith	Advisory Board Member/Board Chair
Attended	Steve Soyka	Advisory Board Member
Not Present	Joe Zulkosky	Advisory Board Member

Guest(s):

Attendance	Name	Title/Role
Present	Joe Bjerke	Whitney Member

Whitney Senior Center/Aging Services Staff:

Attendance	Name	Title/Role
Attended	Charlotte Henry	Office Supervisor, Aging Services
Attended	Tracy Larsen	Project Coordinator, Aging Services
Attended	Kylie Weller	Program Coordinator, Aging Services
Attended	Paula Woischke	Director, Whitney Senior Center
Not Present	Jennifer Wucherer	Director, RSVP (AmeriCorps Seniors)
Attended Virtually	Angela Xiong	Wellness Coordinator, Aging Services
Attended	Scott Zlotnik	Director, Community Services & Facilities