



WSC Advisory Board Meeting Minutes


Meeting Date: July 27, 2023

Meeting Time/Location 1:30-3:00 – Whitney Senior Center

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Called to Order	Board Chair Mike Smith called the meeting to order	No follow-up needed
Addition/Adjustments to Today's Meeting Agenda Comments/Recommendations	Agenda addition <ul style="list-style-type: none"> • No agenda additions requested • No agenda changes requested 	No Follow-up needed
Committee Reports	<p>Welcome new Advisory Board Members</p> <ul style="list-style-type: none"> • Welcome Robert Phelps – Board members introduced themselves <p>Financial Report (Charlotte Henry)</p> <ul style="list-style-type: none"> • 2023 budget remains on track, 50% of year passed with 53% of our budget spent • 2023 membership is currently at 1327, last year at this time we were at 1040. Membership numbers continue to trend upwards <p>Programming Report (Kylie Weller)</p> <p><u>Update from past month's programming:</u></p> <ul style="list-style-type: none"> • Bike Rodeo-Family Fun Fest was a success, served around 80 people, including children, parents, and grandparents • Book Launch was successful; books sold, refreshments and readings from the authors. Fun to celebrate all the hard work that went into the book <p><u>Upcoming Programming:</u></p> <ul style="list-style-type: none"> • The next Whitney Times will come out in the Saturday St. Cloud Times paper on August 19th paper copies in the office to follow • Active Living Fair on Wednesday, Sept 13th • Senior Pride Bingo and Brunch on Thursday, Sept 14th • Caregiving Monthly series from D-CAN (Dementia Resource Center) <p>Social Activities:</p> <ul style="list-style-type: none"> • Fair Haven Farms tour is on 10/12 • Paint and Sip 10/13 • WSC Craft Fair 10/18 to 10/20 – Clemens Hall • Molitor's Haunted Acres(Hayride & Scare House) on 10/19 <p>Kindness Campaign starting in November:</p> <ul style="list-style-type: none"> • World Kindness Day, November 13th • Inspirational postcards for members • Service Project - maybe food or hygiene products drive • Gatekeeper training • After Thanksgiving provide snowflakes for people to write kind messaging, display in coffee corner 	No follow-up needed

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Committee Reports Continued	<p>Programming Report (Kylie Weller) Continued <u>Community Health Outreach: (Tracy and Kylie)</u></p> <ul style="list-style-type: none"> • 9/18 - Tri Cap Energy Assistance Presentation and application assistance • 9/21 - Somali Culture Presentation • 9/27 - Global Tea and Conversations • 10/6 - Caregiver Workshop at YMCA • 10/25 - Global Tea and Conversations <p>RSVP/AmeriCorps Seniors (Jennifer Wucherer)</p> <ul style="list-style-type: none"> • Age-Friendly St. Cloud – The mission of Age Flourishing St. Cloud is to support a community in which all people at every age have opportunities to flourish in all dimensions of their lives while elevating the St. Cloud area. Age-Friendly St. Cloud is focusing on aging issues around Housing, Social/Community Engagement, Transportation, Healthy/Wellbeing and Advocacy. If you or anyone you know has a passion in enhancing lifting St. Cloud up within these areas, we are welcoming additional community members to join a workgroup • Annual Summer Volunteer Recognition – RSVP is hosting 7 volunteer appreciation luncheons held in various locations in the region in August • MN Senior Games takes place August 3-6 in St. Cloud! With 20 different events like Pickleball, Cycling, Table Tennis, Shuffleboard and more, we still need volunteers to help at the event. Let RSVP know if you are interested! <p>Directors Report (Paula Woischke) Personnel:</p> <ul style="list-style-type: none"> • Muna Aden is our newest fulltime Community Health Worker (CHW) <p>Advisory Board (New Members)</p> <ul style="list-style-type: none"> • Welcome Robert Phelps, he recently joined our board. Robert is from Higher Works Collaborative. Obatay Powell recently passed away (Obatay was our board member from Higher Works) <p>Program of Excellence Awards from NCOA (National Council on Aging) WSC was invited to present in a NCOA virtual webinar on November 8, 2023</p> <ul style="list-style-type: none"> • Whitney received an award in the intergenerational category for our collaboration with the nursing students DPP program • Whitney received an honorable mention for our Community Health Worker initiative • See the attached press release 	No follow-up needed
Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up

<p>Committee Reports Continued</p>	<p>Directors Report (Paula Woischke) Continued</p> <p>Outreach:</p> <ul style="list-style-type: none"> • Health Equity Committee - Greater St. Cloud is planning a Health Festival/Health Fair in September • Staff member Sarah Nissen co-chairs with Pastor Albers from Higher Works collaborative • Recently met with staff at the COP House to have Muna start doing community outreach • In August will meet with Rachel from CentraCare to discuss working collaboratively with our CHW program • Meeting with CMCEO (Central MN Community Empowerment Organization) to do outreach • Meetings with both Higher Works Collaborative and D-CAN to assist with grant applications for Title IIID/Evidence BHP <p>Grant Updates:</p> <ul style="list-style-type: none"> • LWAH (Live Well at Home) <ul style="list-style-type: none"> 1. Completed our July 2022-June 2023 Community Health Worker Initiative for \$198,253 2. We received notification that we received our next LWAH two-year grant, grant is approximately \$510,000. Grant should start in 2023 • CMCOA/Title IIID Grant – We submitted a grant request in the amount of \$26,700 for 2024 to support our DPP work with the nursing students and Walk with Ease (submitted today) • CMCOA/CHW Grant - Muna started fulltime this month • Age-Friendly – (Received partial grant) Jennifer to update • MN Dept of Health – Walk with Ease/Arthritis – Muna completed the videos in Somali, final grant was submitted • United Way – Grant period is July 1, 2023 through June 30, 2024. We received \$37,596 this will support the Wellness Coordinator position • Stearns County SHIP – Applying to support Enhanced Wellness programming • Women’s Fund – working on grant submission 	
<p>Old Business</p>	<p>Paula Woischke</p> <ul style="list-style-type: none"> • May 25, 2023 minutes were reviewed, and approved by the Advisory Board, no changes were requested 	<p>No follow-up needed</p>
<p>Agenda/Discussion Item(s)</p>	<p>Discussion/Notes</p>	<p>Conclusion/Follow-up</p>

New Business	<p>Furnishings for our new courtyard (All)</p> <ul style="list-style-type: none"> Charlotte will email patio furniture ideas to the group for review Advisory Board Members can email Charlotte with their vote for preferred furniture choice(s) or if they have other outdoor furniture ideas A subgroup will be formed to assist in choosing the furniture, please email Charlotte if you are interested in being a part of the subgroup <p>Current budget for the furniture is \$9,455 (these dollars were received from fundraising dollars & courtyard donations)</p>	<p>Vote for patio furniture choice</p>  <p>Courtyard Furniture.pdf</p>
Discussion Items	<p>Paula Woischke (All)</p> <ul style="list-style-type: none"> Annual Open House/Fundraiser -Advisory Board voted by a show of hands to have the fundraiser annually or semi-annually. The overall decision/vote was to have a fundraiser semi-annual Next fundraiser will be in 2024 WSC will have a concert on 9/7/2023 by the Rock City Big Band in place of the annual fundraiser 	No follow-up needed
Future Meeting Discussions	<ul style="list-style-type: none"> Discuss goals for 2023/2024 (Based on budget, grants, and funding) 	No follow-up needed
Announcements	Next Advisory Board meeting is September 28, 2023 at 1:30 p.m.	No follow-up needed
Meeting Adjournment	Board Chair Mike Smith adjourned meeting	No follow-up needed

Attachments:



July 2023 Agenda.doc



All Workshops Flyer.pdf



Advisory July 2023 Update.docx



Press Release NCOA Award 2023.docx



NCOA Awards 2023.pdf

Meeting Chair: Mike Smith
Meeting Vice Chair: Bruce Campbell
Secretary: Marjorie Henkemeyer
Meeting Minutes: Charlotte Henry

Next Advisory Board Meeting: September 28, 2023 (1:30-3:00 – Whitney Senior Center)

Attendance:

Advisory Board Members:

Attendance	Name	Title/Role
Not Present	Solveig Anderson	Advisory Board Member
Attended	Bruce Campbell	Advisory Board Member/Vice Chair
Not Present	Brianda Cediell	Advisory Board Member
Attended	Merry Jo DeMarais	Advisory Board Member
Attended	Philip Dullinger	Advisory Board Member
Attended	Sue Feliciano	Advisory Board Member
Attended	Marjorie Henkemeyer	Advisory Board Member/Secretary
Attended	Steve Hoover	Advisory Board Member

Attended	Roxanne Hovet	Advisory Board Member
Attended	Gail Kuzel	Advisory Board Member
Not Present	Carol Lewis	City Council Liaison
Attended	Alicia Mages	Advisory Board Member
Attended	Bruce Michaels	Advisory Board Member
Not Present	Abdiaziz Odiyriye	Advisory Board Member
Attended	Don Oestreich	Advisory Board Member
Attended	Robert Phelps	Advisory Board Member
Not Present	Marilyn Popp	Advisory Board Member
Attended Virtually	Dani Protivinsky	CentraCare Health, Community Wellness Director
Attended	Michael (Mike) Smith	Advisory Board Member/Board Chair
Attended Virtually	Steve Soyka	Advisory Board Member
Not Present	Joe Zulkosky	Advisory Board Member

Guest(s):

Attendance	Name	Title/Role
Attended	Muna Aden (WSC)	Community Health Worker, Aging Services

Whitney Senior Center/Aging Services Staff:

Attendance	Name	Title/Role
Attended	Charlotte Henry	Office Specialist I, Aging Services
Attended	Tracy Larsen	Special Programs Coordinator, Aging Services
Attended	Kylie Weller	Program Coordinator, Aging Services
Attended	Paula Woischke	Director, Whitney Senior Center
Attended	Jennifer Wucherer	Director, RSVP (AmeriCorps Seniors)
Not Present	Scott Zlotnik	Director, Community Services & Facilities