



# WSC Advisory Board Meeting Minutes

Meeting Date: January 27, 2022

Meeting Time/Location 1:30-3:00 – Whitney Senior Center

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Called to Order	Meeting was called to order by Mike Smith	No follow-up needed
Addition/Adjustments to Today's Meeting Agenda Comments/Recommendations	Personnel Update was added to the agenda by Paula Woischke	No Follow-up needed
Committee Reports	<p>Financial Report (Charlotte Henry)</p> <ul style="list-style-type: none"> <li>• No City Budget update was given, Charlotte will report at next meeting</li> <li>• Membership Numbers – 2021 final membership numbers were 1097</li> </ul> <p>City buydowns for 2021 final numbers:</p> <ol style="list-style-type: none"> <li>1. St. Joseph provided 25 buydowns, all were used</li> <li>2. Sauk Rapids provided 100 buydowns, all were used</li> <li>3. Waite Park provided 100 buydowns, 73 were used</li> </ol> <p>2022 memberships is currently at 525 members City buydowns for 2022 are as follows:</p> <ol style="list-style-type: none"> <li>1. St. Joseph will provide 30 buydowns</li> <li>2. Sauk Rapids will provide 100 buydowns</li> <li>3. Waite Park will provide 100 buydowns</li> </ol> <p>Programming Report (Kylie Weller)</p> <ul style="list-style-type: none"> <li>• Welcomed a New Intern-Maiyung-SCSU-Community Health Major Minor in Gerontology.</li> <li>• Thank you to those who came to the Beaver Island Tending for a Cause-We found out the day of because another organization dropped out of the fundraiser. They selected us because we are working with Beaver Island for a tour coming up in Feb.</li> <li>• Thank you to RSVP for Joleen Christenson who is leading a cupcake decorating class for Valentine's Day.</li> <li>• New Member Socials- This has been going well. Feedback-Loved the questions and how engaging the events have been. Maybe need to encourage people to exchange phone numbers or connect on Social Media more than once during the event.</li> <li>• Global Tea and Conversations-Virtual Only-4<sup>th</sup> Wednesday of the month at 12:30 to 1:30 PM.</li> </ul>	No follow-up needed

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<p>Committee Reports Continued</p>	<p>Programming Report (Kylie Weller-Continued)</p> <p>Upcoming Themes:</p> <p><b>March-</b>Cooking Matters-Partnering with the U of M Extension to offer a 6-week class around meal preparation and nutrition education. Class participants get the groceries for the meal and everyone cooks together on Zoom.</p> <p>Intergenerational and working with Hani from CentraCare and Hands Across the World for class participants. LyricaliTea Writing Circle-LyricaliTea Circles for people of all ages and writing experience from beginner through advanced. We create a culture of hospitality to share writing practices that silence inner criticism, enabling you to access your creative-intuitive-compassionate inner wisdom.</p> <p><b>April-</b>Clean up your neighborhood virtual event-inviting everyone to pick up trash within a community space of their choice-neighborhood, local park, etc. Craft Fair hosted by Woodshop, Woodcarvers, Quilters, Stitchery, Tuesday Painters, and Maybe Fun Singers will be Thursday, April 7<sup>th</sup>, and Friday, April 8<sup>th</sup>.</p> <p><b>May-</b>Older Americans Month. Partnering with MASS (Minnesota Association of Senior Centers) to celebrate Older Americans Month. Gathering input through a survey from other senior center leadership to provide topics/educational presentations that will benefit their communities. Also working with UCare to provide gift bag treats on May 10<sup>th</sup>.</p> <p>LWAH Report (Tracy Larsen)</p> <ul style="list-style-type: none"> <li>• See attached Wellness Workshop Update</li> </ul> <p>Directors Report (Paula Woischke)</p> <p>Personnel:</p> <ul style="list-style-type: none"> <li>• Internships – Maiyung Yang Undergrad Student- Community Health/ Gerontology, St. Cloud State University (150 hours)</li> <li>• New Hires - Hired a part-time custodian to work afternoons</li> </ul> <p>Grant Requests Update:</p> <ul style="list-style-type: none"> <li>• Mini grants through Central MN Council on Aging Title III E for Caregiver/Art Sparks submitted for March</li> <li>• AARP Foundation – Age-Friendly – RFP just released. I will work with Jennifer/ RSVP on the application</li> </ul>	<p>No follow-up needed</p>

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Committee Reports Continued	<p>Directors Report Continued (Paula Woischke)</p> <p>Grant Requests Update Continued:</p> <ul style="list-style-type: none"> <li>• Women’s Fund – Received \$7200 to contract with UniteCloud to do educational series on East African Culture</li> <li>• MDU Resources – Received \$5,000 to put towards Courtyard Renovation</li> <li>• LWAH (Live Well at Home) Grant RFP released – Tracy will cover the concepts of what Whitney will be applying for the next round of funding in the Wellness Report.</li> </ul> <p>RSVP Report (Jennifer Wucherer)</p> <p>RSVP’s application for a 2022 AmeriCorps Seniors American Rescue Senior Demonstration Program grant has been approved by AmeriCorps for a \$115,000 grant award. The grant will support the hire of a 2-year paid program coordinator to recruit and support 115 AmeriCorps Seniors volunteers who will serve as Mental Wellness Outreach volunteers. The program will provide outreach and education related to healthy life practices, provide service project activities, and distribute mental health information to community members of all ages and backgrounds within Benton, Sherburne, Stearns, and Wright Counties. The grant starts April 1, 2022.</p> <p>Each year AmeriCorps Seniors RSVP hosts a MLK Day of Service project. This year our local team expanded our “Let Friendship Ring” theme to motivate the community to get involved in helping others and showing friendship. With the help of our <i>Sweetness Squad</i> volunteers, we gave 1,000 cards with candy on top local organizations for distribution on Monday, January 17. The cards had a chocolate sweet treat on the front and a checklist of ways people can lift up their neighbors with care and support. We had a great volunteer response on this project.</p>	No follow-up needed
Old Business	<p>Paula Woischke</p> <ul style="list-style-type: none"> <li>• November 2021 minutes were reviewed, no changes were needed</li> </ul>	No follow-up needed
New Business	<p>Paula Woischke</p> <ul style="list-style-type: none"> <li>• Reminder we have openings on the Advisory Board, group was asked to share this information with viable candidates</li> </ul>	Advisory Board openings do you have any viable candidates?

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Discussion Items	<ul style="list-style-type: none"> <li>Recap of 2021 Wellness Workshops and Live Well at Home Grant – Tracy</li> <li>Establish goals for 2022</li> </ul>	No follow-up needed
Announcements	<ul style="list-style-type: none"> <li>Next meeting, we will review and discuss Fundraiser for 2022</li> <li>Next meeting is March 24, 2022 at 1:30 p.m.</li> </ul>	No follow-up needed
Meeting Adjournment	Meeting was adjourned by Mike Smith	No follow-up needed

Attachments:



Agenda January 2022.doc



Goals for 2022.pptx



WSC Wellness Program Report - 20

Meeting Chair: Mike Smith

Meeting Vice Chair: Bruce Campbell

Secretary: Marjorie Henkemeyer

Meeting Minutes: Charlotte Henry

**Next meeting: March 24th, 2022 (1:30-3:00 – Whitney Senior Center)**

**Attendance:**

**Advisory Board Members:**

Attendance	Name	Title/Role
Attended Virtually	Solveig Anderson	Advisory Board Member
Attended	Bruce Campbell	Advisory Board Member/Vice Chair
Attended Virtually	Marjorie Henkemeyer	Advisory Board Member/Secretary
Attended	Steve Hoover	Advisory Board Member
Attended	Roxanne Hovet	Advisory Board Member
Not Present	Tom Jacobs	Advisory Board Member
Attended	Gail Kuzel	Advisory Board Member
Not Present	Steve Laraway	City Council Liaison
Attended Virtually	Alicia Mages	Advisory Board Member
Not Present	William (Bill) McConnell	Advisory Board Member
Not Present	Abdiaziz Odiyriye	Advisory Board Member
Attended	Don Oestrich	Advisory Board Member
Attended	Marilyn Popp	Advisory Board Member
Not Present	Vijay Puri	Advisory Board Member
Attended	Michael (Mike) Smith	Advisory Board Member/Board Chair
Attended	Steve Soyka	Advisory Board Member
Not Present	Joe Zulkosky	Advisory Board Member

**Guest(s):**

Attendance	Name	Title/Role
Attended Virtually	Dani Protivinsky	CentraCare Health, Community Wellness Director
Attended	Kristina Woischke	Central MN Council on Aging, Intern
Attended	Maiyung Yang	Intern

**Attendance Continued:**

***Whitney Senior Center/Aging Services Staff:***

<b>Attendance</b>	<b>Name</b>	<b>Title/Role</b>
Attended	Charlotte Henry	Office Supervisor, Aging Services
Attended	Tracy Larsen	Project Coordinator, Aging Services
Attended	Kylie Weller	Program Coordinator, Aging Services
Attended	Paula Woischke	Director, Whitney Senior Center
Attended	Jennifer Wucherer	Director, RSVP
Attended	Scott Zlotnik	Director, Community Services & Facilities