



WSC Advisory Board Meeting Minutes

Meeting Date: January 26, 2023

Meeting Time/Location 1:30-3:00 – Whitney Senior Center

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Called to Order	Meeting was called to order by Mike Smith	No follow-up needed
Addition/Adjustments to Today's Meeting Agenda Comments/Recommendations	<ul style="list-style-type: none"> Agenda addition – No agenda additions or changes requested 	No Follow-up needed
Committee Reports	<p>Financial Report (Paula Woischke for Charlotte Henry)</p> <ul style="list-style-type: none"> Budget update – Tabled, will discuss at March meeting when final 2022 budget numbers are available Membership Numbers – 2022 final membership was 1312, this is a substantial increase from last year. 2023 membership is at 616 with new & renewal memberships occurring daily <p>Programming Report (Kylie Weller)</p> <ul style="list-style-type: none"> The next Whitney Times will come out on Feb 19th, 2023 <p>Special Events:</p> <ul style="list-style-type: none"> Twins Game-May Spring Health and Screening Fair-Wednesday, April 13th 9 AM until Noon Book Launch- Memories and Musings, An Anthology by Vintage Minnesotans-Thursday, May Older Americans Month Concert, Proclamation by Mayor (hopefully) Meat and Cheese from UCare, and concert to start at 7 PM with social starting at 6:15 PM. Senior Police Academy with St. Cloud Police Department <p>Programming Recap: (Group Discussion) Here is the link to the Google Document: https://docs.google.com/presentation/d/19azEQYTUP0vTDwGuQWGP_W-ONdiyCtCylkKH7DK0eHU/edit#slide=id.g1d997f75882_0_781</p> <p>Directors Report (Paula Woischke) Personnel:</p> <ul style="list-style-type: none"> Building Maintenance Worker – Garland Hughes resigned. Made an offer – waiting on Background Check and physical – hope to have start Feb 6th Grant Staff updates – Kahin left full time position and moved to Virginia. He is funded under our United Way grant to offer PEARLS and help with outreach. He will try to do some of the work virtually, so we are able to fulfill the grant Our CHW's Angelina and Muna will start working from Whitney one day a week, to become familiar with WSC and to connect better with staff Angelina and Muna will start working from Whitney one day a week, to become familiar with WSC and to connect better with staff 	No follow-up needed

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Committee Reports Continued	<p>Directors Report Continued (Paula Woischke)</p> <p>Personnel Continued:</p> <ul style="list-style-type: none"> • Sarah Nissen is taking over Briana’s position to help with technical assistance and coordination of the Wellness Workshops under Tracy • We submitted a grant to employ Muna Adams full-time with the CHW Workforce grant to continue outreach to our East African communities. We just submitted grant this week <p>Grant Requests Updates:</p> <ul style="list-style-type: none"> • Billiards – requests from Rotary, Gilleland, and Eagles for money to do repairs on billiards tables and to use up money in account • LWAH (Live Well at Home) - Submitted quarterly report, the grant goes through June. We will possibly write for another grant when RFP becomes available in Spring. This was a shorter grant period than last grant request – so it is more challenging to complete the work with the shortened timeframe. We will hopefully be starting a SAIL (Stay Active & Independent for Life) and DPP (Diabetes Prevention) class at the COP House in February. • CMCOA/ Title IIID and E - Both grant reports were submitted. The Title IIID supports our DPP work with the nursing students. We just completed this year’s training as Tracy reported on. The Title IIIE was also submitted which included the work that Solveig completed with the Artworks program. • Central MN Arts Board - This was to publish a book that started with the Guided Autobiography. The name of the book is MEMORIES AND MUSINGS ~An Anthology by Vintage Minnesotans. It will be a fundraiser and will be a book signing this spring. • Health Equity Disparities - To continue work with diverse/minority groups with the CHW model – funding is up to \$200,000 for 4 years – budget included 2 full-time CHW’s and Tracy’s position as Wellness Coordinator • CMCOA – CHW Grant - An 18-month grant to support a current CHW and bring on full-time – Muna. Focus will be outreach as currently doing, but on a full-time basis • Age-Friendly - Working with Age-Friendly Task Force in possibly submitting a grant to help with coordination of the work. It would include bringing in a consultant to do some DEI work and help get organizations from diverse backgrounds engaged in our work around aging. Jennifer can expand on this. • MN Dept of Health – Walk with Ease/ Arthritis Submitted a grant to create videos of the 6 sessions of Walk with Ease for Somali Translation of the program. We received notification that we received but could resubmit a budget of up to \$5,000 <p>Advisory Board updates:</p>	No follow-up needed

Agenda/Discussion Item(s)	Discussion/Notes	Conclusion/Follow-up
Committee Reports Continued	<p>Wellness Workshop Update (Tracy Larsen)</p> <ul style="list-style-type: none"> See attached update & wellness workshop summaries <p>RSVP/Age Friendly Report (Jennifer Wucherer)</p> <p>RSVP Update:</p> <ul style="list-style-type: none"> RSVP is currently conducting a volunteer satisfaction survey and gathering feedback from all RSVP volunteers. This information is readily used to assist with program guidance and communicating impact to funders and stakeholders. RSVP is celebrating 50 years this year with the City of St. Cloud. We are hosting a 50th anniversary celebration, honoring “Generations of Service” on Thursday, May 18, 2023, 4pm -7pm at the Rivers Edge Convention Center. Save the date for now. Tickets will go on sale in early April. <p>Age-Friendly St. Cloud Update:</p> <ul style="list-style-type: none"> A grant application on behalf of the Age-Friendly St. Cloud Taskforce will be submitted to the State of MN Age-Friendly Council. If the grant is honored, we will hire a local DEIA Consultant to help us bridge the gaps among races and ages. Our goal is that older people are valued and integrated into our communities at a heightened level, and to influence systems/communities to be more inclusive of and responsive to older adults. Our goal is to build an environment that contributes to an Age-Friendly community, promoting the dignity, autonomy, and inclusion of older people of every culture. 	No follow-up needed
Old Business	<p>Paula Woischke</p> <ul style="list-style-type: none"> November 2022 minutes were reviewed and approved, no changes were requested 	No follow-up needed
New Business	<p>Advisory Board Terms & Openings:</p> <ul style="list-style-type: none"> Paula will follow-up with Emanuel and bring information back to the group 	No follow-up needed
Discussion Items	<p>Paula Woischke (All)</p> <ul style="list-style-type: none"> Recap of programming (Kylie) – see information above under programming report 	No follow-up needed
Future Meeting Discussions	<ul style="list-style-type: none"> 2022 Recap Wellness Workshops – Evidence based Health Programs 	No follow-up needed
Announcements	Next meeting is March 23, 2023 at 1:30 p.m.	No follow-up needed
Meeting Adjournment	Meeting was adjourned by Mike Smith	No follow-up needed

Attachments:



January 2023 Agenda.doc



Advisory Jan 2023 Update.docx



Whitney Wellness Workshops 2022.pdf



All Workshops Flyer.pdf

Meeting Chair: Mike Smith
 Meeting Vice Chair: Bruce Campbell
 Secretary: Marjorie Henkemeyer
 Meeting Minutes: Charlotte Henry

Next Advisory Board Meeting: March 23, 2023 (1:30-3:00 – Whitney Senior Center)

Attendance:

Advisory Board Members:

Attendance	Name	Title/Role
Attended	Solveig Anderson	Advisory Board Member
Attended	Bruce Campbell	Advisory Board Member/Vice Chair
Attended	Marjorie Henkemeyer	Advisory Board Member/Secretary
Not Present	Steve Hoover	Advisory Board Member
Not Present	Roxanne Hovet	Advisory Board Member
Attended	Gail Kuzel	Advisory Board Member
Attended	Alicia Mages	Advisory Board Member
Attended	Bruce Michaels	Advisory Board Member
Not Present	Abdiaziz Odiyriye	Advisory Board Member
Attended	Don Oestreich	Advisory Board Member
Attended	Marilyn Popp	Advisory Board Member
Not Present	Dani Protivinsky	CentraCare Health, Community Wellness Director
Attended	Michael (Mike) Smith	Advisory Board Member/Board Chair
Attended	Steve Soyka	Advisory Board Member
Not Present	Joe Zulkosky	Advisory Board Member

Guest(s):

Attendance	Name	Title/Role

Whitney Senior Center/Aging Services Staff:

Attendance	Name	Title/Role
Not Present	Charlotte Henry	Office Supervisor, Aging Services
Attended	Tracy Larsen	Project Coordinator, Aging Services
Attended	Kylie Weller	Program Coordinator, Aging Services
Attended	Paula Woischke	Director, Whitney Senior Center
Attended	Jennifer Wucherer	Director, RSVP (AmeriCorps Seniors)
Not Present	Scott Zlotnik	Director, Community Services & Facilities